



Curriculum Vitae

Institute of Nutrition, Mahidol University (INMU)

999 Phutthamonthon 4 Rd., Salaya, Phutthamonthon, Nakhon Pathom, 73170, Thailand

Name Phenphop Phansuea, PhD.

E-mail address phenphop.ph@gmail.com
phenphop.pha@mahidol.ac.th

Current position Lecturer

Education

2015-2019 Doctor of Philosophy (Health Research and Management: Epidemiology and Biostatistics) Faculty of Medicine, Chulalongkorn university, Thailand

2012-2014 Master of Science (Mental Health) Faculty of Medicine, Chulalongkorn university, Thailand

2001-2005 Bachelor of Science (Hons) (Clinical Psychology) Faculty of Humanities, Chiang Mai University, Thailand

Research Interest and Expertise

1. Clinical Epidemiology & Biostatistics
2. Human Wellbeing
3. Toxicity and Effects on Human Health
4. Behavior Modification
5. Research and Development (R&D)

Research Experiences

2024 ongoing Developing methodology for applying participatory mapping and AI-driven analysis of open-source data to understand nutritionally relevant spatiotemporal characteristics of food environments and consumer-food environment interaction at and around Mahidol University
Co-Investigator

2024 ongoing Development of pineapple stem starch biscuit bar and safety evaluation in healthy volunteers
Principal Investigator



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2024 ongoing	A Systematic review of bioactive compounds from mulberry (<i>Morus alba</i> L.) on health benefits for application in the food with functional claim system <i>Co-Investigator</i>
2024 ongoing	Effectiveness of an Arthrospira (<i>Spirulina</i>) <i>platensis</i> Super-Blue Supplementation on Mental Health Status and Sleep Quality in Healthy Adult: A Double-Blinded, Randomized, Placebo-Controlled Trial <i>Principal Investigator</i>
2023 ongoing	Study on Drivers of Malnutrition - Understanding the status, trends, drivers of malnutrition in young children and the policy and programme response in Thailand, UNICEF <i>Co-Investigator (statistical analysis)</i>
2022	Effect of vitamin D among HIV-infected patients with vitamin D deficiency in Thailand <i>Principal Investigator</i>
2019	Effectiveness of qigong exercise to depression in Thai elderly <i>Principal Investigator (part of the doctoral training)</i>

Publications

National

1. Phansaea P*, Lertmaharit S. Quality of life of transplant recipients. *Chula Med J* 2015 Jul-Aug; 59(4): 339 - 46
2. Phansaea P*, Nimnuan C. "Work happiness of Thai commercial pilots", *Chula Med J* 2015 Mar - Apr; 59(2): 207 – 18

International

1. Visuthranukul J, Phansaea P*, Buranakityanon P, Lerdrungroj P, Yamasith E. Prevalence and risk factors of vitamin D deficiency among living with HIV adults receiving antiretroviral treatment in tropical area: Cross-sectional study. *Helijon*. 2023.9(9): e19537.



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2. Vinitchagoon T, Wongpipit W, **Phansuea P***. (2023) Gender Expression, Weight Status, and Risk of Experiencing Eating Disorders among Gender-Diverse Adults Assigned Male at Birth in Bangkok, Thailand. *Nutrients*, 15(17):3700. <https://doi.org/10.3390/nu15173700>
3. Sahasakul, Y., Amonusawat, N., and **Phansuea, P***. (2023). Lifestyles, Food Consumption Frequencies, and Eating Behaviors among Three Main Disciplines of Undergraduate Students during the Early COVID-19 Outbreak in Thailand. *Nutrients*, 15(12), 2765. <https://doi.org/10.3390/nu15122765>
4. Gao Y., Kriengsinyos W., Sahasakul Y., **Phansuea P.** (2023), "Development of Low-Fat Pamphlets Based on the Transtheoretical Model for Ischemic Stroke Patients", *Malaysian Journal of Medicine and Health Sciences*, Vol. 19 (101-102)
5. Visuthranukul, J., Rattananupong T., **Phansuea P.**, Hiransuthikul N. (2021), "Incidence Rate and Time to Occurrence of Renal impairment and Chronic Kidney Disease among Thai HIV-infected Adults with Tenofovir Disoproxil Fumarate Use", *The open AIDS journal*, Vol.15. <https://openaidsjournal.com/VOLUME/15/EPUB-ABSTRACT/EA-TOAIDJ-2021-7/>
6. Tultrairatana, S. and **Phansuea, P***. (2021), "Symptoms related to air pollution, mask-wearing and associated factors: a cross-sectional study among OPD pollution clinic patients in Bangkok, Thailand", *Journal of Health Research*, Vol. ahead-of-print No. ahead-of-print. <https://doi.org/10.1108/JHR-11-2020-0548>
7. Maneewat, T., Lertmaharit, S., Tangwongchai, S. and **Phansuea, P.** (2021), "Development of multi-component counseling program for enhancing resilience among Thai caregivers of older persons with dementia", *Journal of Health Research*, Vol. ahead-of-print No. ahead-of-print. <https://doi.org/10.1108/JHR-08-2020-0367>
8. **Phansuea P.**, Tangwongchai, S., Rattananupong, T., Lohsoonthorn, V. and Lertmaharit, S. (2020), "Effectiveness of a Qigong program on sleep quality among community-dwelling older adults with mild to moderate depression: A randomized controlled trial", *Journal of Health Research*, Vol. ahead-of-print No. ahead-of-print, pp. 00-00. <https://doi.org/10.1108/JHR-04-2019-0091>



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Proceeding and Poster Presentation

1. Dhwani V., Phenphop P., Aree P., Pradtana T. "Integrated technology-based nutrition program for weight loss and enhancing nutrition knowledge among obese adults in India" in the 10th International Conference on Green Asia and Sustainability Forum: Innovation, Health Sciences and Digital Education Quality for Sustainable in the Next Normal (Proceeding).
2. Phenphop P*, Yuraporn s. "Relationship between frequency of desserts consumption and body mass index: Study of consumption behaviour of Thai university students during the COVID outbreak", national level, 6-7 March 2024." in the 17th Thailand Congress of Nutrition (TCN17) Thailand (Poster).
3. Thanit V., Phenphop P., "Ladyboys like to eat yum: The relationship between yum consumption and sodium intake and body weight in a mixed gender male population in Bangkok", national level, 7 March 2024." in the 17th Thailand Congress of Nutrition (TCN17) Thailand (Poster).
4. Chutima S., Yuraporn S., Varongsiri K., Phenphop P*. "Development and Validation of the Questionnaire to Evaluate the Knowledge in Salt Consumption, Nutrition Labelling, and Healthier Choice Logo Related to Salt and Sodium" in the 13th National Conference in Toxicology (NCT13), Thailand (Poster).
5. Phenphop P. "Sexual Partner Seeking Routes and Preferences among Men Who Have Sex with Men in Bangkok, Thailand" in the 6th Asia Pacific Conference on Public Health 2016, Thailand (Proceeding).



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Training

2020 Certificate of Training in The Telephone & Telemedicine in Clinical Medicine: An Instrument of Opportunity & Risk, HARVARD MEDICAL SCHOOL

2020 Certificate of Training in Workshop on "Ethics and Epidemics: Caring in the Time of COVID-19", HARVARD MEDICAL SCHOOL

2020 Certificate of Training in Impact on Oral Health Education and Training", HARVARD MEDICAL SCHOOL

2020 Certificate of Training in Leading Beyond the COVID-19 Health Care Crisis", HARVARD MEDICAL SCHOOL

2020 Certificate of Training in The Impact of COVID-19 in Pediatrics", HARVARD MEDICAL SCHOOL

2020 Certificate of Training in The Community Tracing Collaborative: Working Toward COVID- 19 Control in Massachusetts Through a Test-Trace-Isolate-Support Approach", HARVARD MEDICAL SCHOOL

2020 Certificate of Training in Introduction to Oracle SQL, DataCamp

2020 Certificate of Training in Joining Data in SQL, DataCamp

2020 Certificate of Training in Human Subjects Research Social & Behavioral & Humanities Researchers, CITI Program, Jun 15,

2016 Certificate of Training in Good Clinical Practice & Human Research Ethics, Chulabhorn Hospital & Medical Research Network of the Consortium of Thai Medical Schools, April

21-22,